



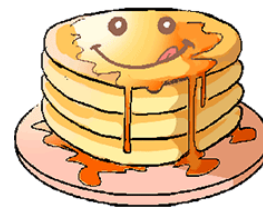
# Sir Richard W. Scott Catholic School

90 Roxbury Street, Markham, Ontario L3S 3S8

Tel: 905-472-3964 Fax: 905-472-4283

Dear Parents and Guardians:

We will be celebrating Pancake Tuesday next week! The tradition of Shrove Tuesday goes back many centuries. Lent is a time of fasting, which begins on Ash Wednesday. In preparation for the fast, people traditionally consumed a large feast the day before; which included all the fat of the land such as eggs, butter, rich sauces and dairy products (all key ingredients in pancakes!). This special day came to be known as Shrove Tuesday or Pancake Tuesday; some even call it Fat Tuesday!



*Shrove Tuesday*

As a Catholic school community, we are busily preparing for Lent! The CSC will be providing pancakes, free of charge, to students and staff, as a special treat on the morning **Tuesday, February 21st**. The pancakes are nut-safe and supplied by Kids' Kitchen, one of our board-approved school hot lunch providers. Syrup will also be provided. *Please note, the pancakes are intended only as a snack; not a substitute for breakfast or lunch that day.*

Students will be served their pancakes in the gym. **Students are encouraged to bring their own, reusable, forks with them (no knives), and a reusable water bottle so that we can continue to support our efforts to be an environmentally-friendly school.**

We hope the students enjoy this tasty treat and we look forward to our Ash Wednesday Liturgy the following morning (February 22nd). Ashes will be distributed to students at the liturgy in the gym at 1:30 p.m. Parents are welcome to attend.

**Please notify your child's teacher, if you DO NOT wish your child to partake in Pancake Tuesday and return the form below by Friday, February 17, 2023. N.B. Parents are welcome to send in an alternative r own pancakes for their child if there are concerns around food sensitivities/allergies.**

Thank you.  
Ms. C. Donovan  
Principal

Child's Name \_\_\_\_\_ Teacher/Grade \_\_\_\_\_

I do not wish to have my child consume the pancake snack provided by Sir Richard W. Scott Catholic School Council on February 21st, 2023. I will provide an alternative snack.

**Parent/Guardian name and signature** \_\_\_\_\_

\*If you are would like to help out with this event by distributing pancakes/syrup and cleaning up, please contact Ms. Donovan: [catherine.donovan@ycdsb.ca](mailto:catherine.donovan@ycdsb.ca)

\*We would require the assistance between 8:30 a.m. and 11:30 a.m. Many thanks!